



Cheeky
the Monkey

Buddy
the Dog

**CARE DEEPLY
SHARE FREELY**
with **Sharity™ & Friends**

Journey with Sharity™ & Friends

Caring for the Elderly

SSDB 2022



Spikey
the Hedgehog

Flappy
the Pigeon

Felicity
the Cat

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In the spirit of



Caring for the Elderly



For the first time in 2020, the Agency for Integrated Care (AIC) and Community Chest collaborated to support pre-schools in embarking on their “Start Small Dream Big” (SSDB) journey under the category: Caring for the Elderly.

In 2020 and 2021, due to COVID-19 safe distancing measures, physical visits to Community Care sites (e.g., Nursing Homes, Eldercare Centres) was not possible. These challenges however were overcome with technology and innovative solutions that enabled pre-schools to find new ways to bring joy to seniors.

Check out : <https://aic-mosaic.sg/2020/11/11/boosting-intergenerational-bonds-amid-covid-19/> to see the activities that were conducted.

We hope that you will join us this year!

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WHY SHOULD WE CONSIDER THIS THEME?



Photo credits: Spring Brainy Kidz @ Ubi and Econ Medicare Centre (Chai Chee) met up virtually to celebrate National Day together.

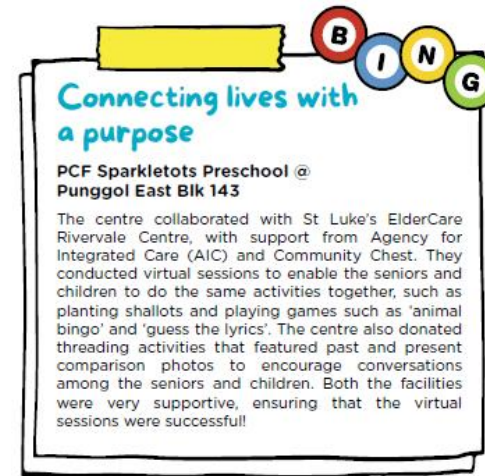


Photo credits: PCF Sparkletots Preschool @ Braddell Heights Blk 417 and Econ Medicare Centre (Braddell) co-created an art piece together



Photo credits: : Elders from St Luke's ElderCare Changkat Centre followed the pre-recorded exercise video from Star Learners Tampines East

Young children can learn the importance of empathy and respect by participating in this theme. Learning can take place in a variety of ways – from classroom-based sessions to virtual and eventually physical visits (when COVID-19 measures ease) to Community Care sites (e.g., Nursing Homes, Eldercare Centres) to take part in intergenerational activities together.



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HOW WILL WE BE SUPPORTED?

An e-infokit has been developed to support teachers in implementing seniors-related SSDB initiatives with their preschoolers.

Interested pre-schools and Community Care sites will be paired up. Kick off meetings to align expectations, timelines and outcomes will also be arranged.

Activity ideas/resources will be provided.



Felicity
the Cat

Topics in the Sharity Befriending infokit:

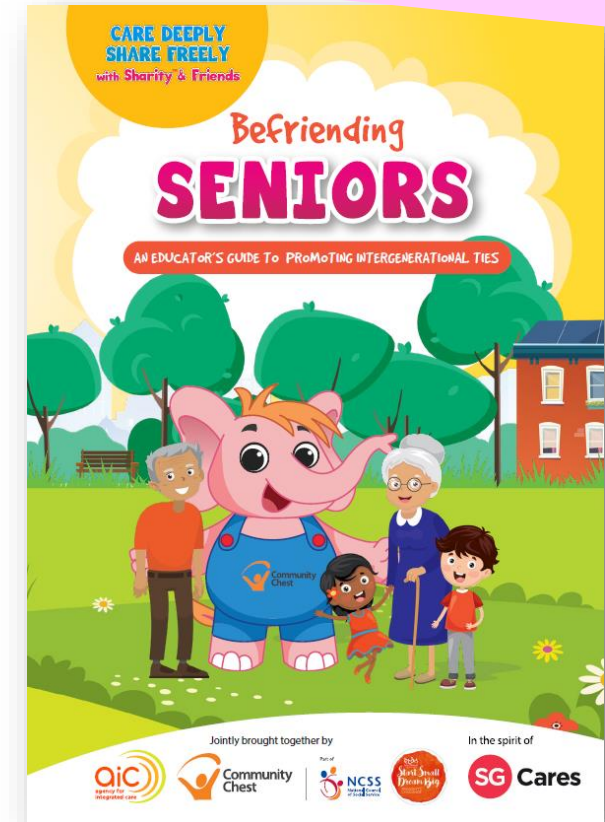
1. Seniors in Singapore and the Community Care Sector
2. How to get started on your initiative
3. What you can do:
 - a) Preparation – planning tips, befriending tips, virtual tips
 - b) During the session – possible activities
 - c) After the session: reflection questions/ activities for children
 - d) After Action review
4. Success Stories

Scan the QR code to download a copy of the e-infokit:



go.gov.sg/ssdb-seniorsinfokit

Virtual Component included!



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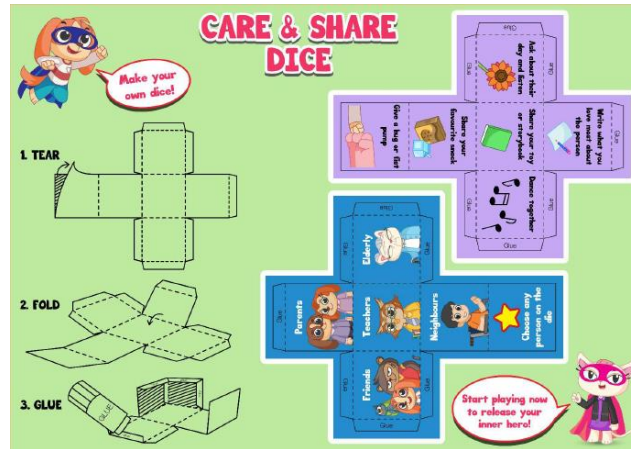


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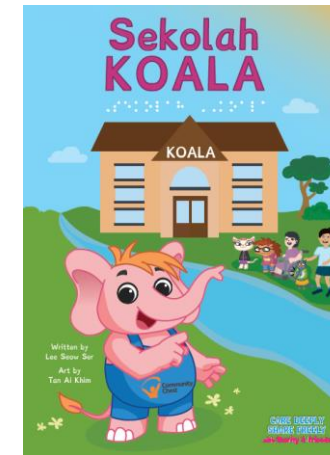
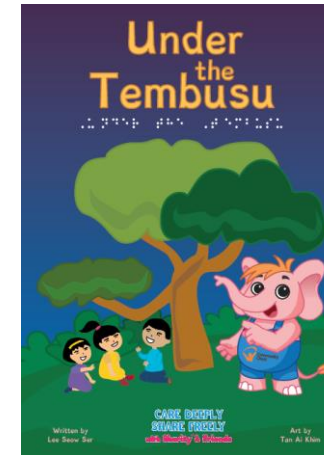


WHAT OTHER SHARITY RESOURCES CAN WE GET ACCESS TO?

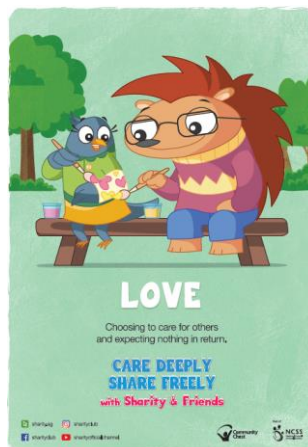
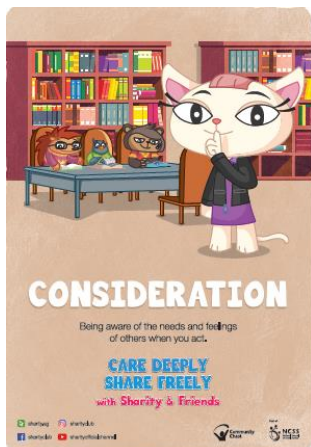
Sharity Papercraft



Inclusive Storybooks (On loan)



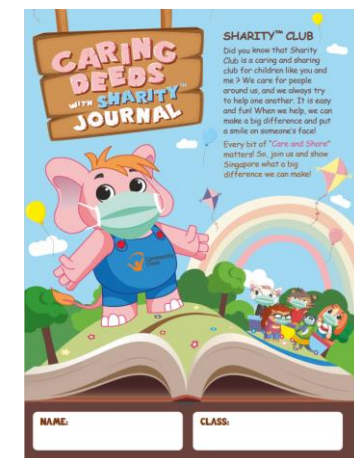
A-Z Values Learning Card



Sharity & Friends Animations



Caring Deeds with Sharity Journal



* All resources are free.

CAN WE VISIT COMMUNITY CARE SITES?

Physical visits to Community Care sites may be possible when the COVID-19 situation improves. For preschools that would like to explore visiting Community Care sites virtually as part of their “Start Small Dream Big” journey, drop AIC an email at intergen@aic.sg.



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WHAT IS REQUIRED WHEN WE SIGN UP FOR THIS THEME?

With the information provided in the e-infokit, preschools can conduct classroom-based learning sessions about seniors. Should you like to be partnered with a Community Care site/have regular activities with the elderly, drop us an email at intergen@aic.sg so that we can provide you more information.

Flappy
the Pigeon



We will be seeking feedback from preschools on the information provided in the e-infokit and ways that the teachers' and preschoolers' experiences can be improved. Your centre may also be approached to submit photos or videos to showcase your activities!

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WHERE CAN WE GET MORE INFORMATION ON CARING FOR THE ELDERLY?

Contact
Agency for Integrated Care at
intergen@aic.sg
for more information.

We look forward to hearing from
you!



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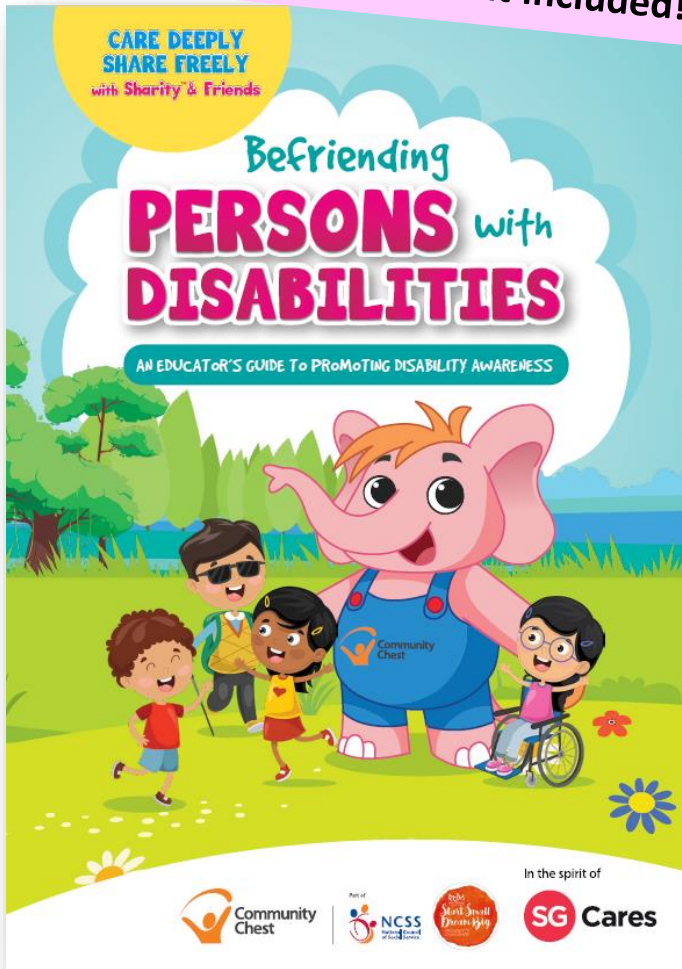


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WHAT OTHER CATEGORIES ARE SHARITY & FRIENDS SUPPORTING?

Virtual Component included!



Scan the QR code to download
a copy of the e-infokit



go.gov.sg/sharityssdb-pwdinfokit

Sharity & Friends are also
supporting
Caring for Persons
with Disabilities.

For more information,
contact Community
Chest at
liza_chia@ncss.gov.sg



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