## Centre for Fathering

is a not-for-profit organisation
with Institute of Public Character status
registered in 2001 with the aim of
Empowering Fathers to Strengthen Families.
Our programmes help fathers in
all life stages to be effective dads.

Visit our website



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## MY GRANDFATHER'S STORY: A PHOTO JOURNAL

Every family is unique and so is every family's story. What's your family's story?



Many parents know that reading to and with their children on a daily basis helps with their children's language skills, enriches their learning about the world, and raises a future reader. But what most parents don't know is that sharing family stories is equally beneficial. "They provide not just a script for life, but a set of values and guideposts," says Dr. Robyn Fivush, a psychology professor and director of Emory University's Institute for Liberal Arts.

Dr. Fivush adds that intergenerational stories help children feel a part of a larger group. Our stories and those of their grandparents are their history, which can give them a sense of heritage and identity. [1]

[1] Sue Shellenbarger, "The Secret Benefits of Retelling Family Stories," Wall Street Journal, November 11, 2019, sec. Life, https://www.wsj.com/articles/the-secret-benefits-of-retelling-family-stories-11573468201.



## MY GRANDFATHER'S STORY

A Photo Journal

Name		

Class \_\_\_\_\_



## MY GRANDFATHER'S STORY



My Grandfather

Paste photo here

My Grandfather's favourite food / snack

Paste photo here

Where my Grandfather used to lived

Paste photo here

My Grandfather's favourite pastime

Paste photo here

What my Grandfather played as a kid

My Gran

Paste photo here

My Grandfather's favourite food / snack