

# MY GRANDFATHER'S STORY



## A Photo Journal



# GrAnDpA

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IN COLLABORATION WITH



# Note to Preschool

**Dear Preschool Principal,**

**Centre for Fathering** is honoured to be a partner of the **Start Small Dream Big** project and have designed a simple yet impactful activity that fathers can do with their child. This activity provides fathers with a meaningful way of engaging with their children and the opportunity to tell true stories to inform and inspire their children. This activity will also strengthen intergenerational bonds and create a channel for the free-flow of time-honoured values and traditions.

The following are suggestions on how you can administer this activity:

**Step 1:** Print out instructions and worksheet for each child.

**Step 2:** Attach a cover letter from the preschool and get the child to pass it on to his/her dad. (The child's mother can do the activity with the child if the father is not accessible.)

**Step 3:** Upon completion of the task, the preschool can instruct fathers via the cover letter to either (a) take a photo of the completed worksheet and send it to the preschool, or (b) let the child bring it to school for a show-and-tell.

Please feel free to contact us if you have any queries about the activity or would like to explore further collaborations.

Regards.

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# MY GRANDFATHER'S STORY: A PHOTO JOURNAL

Every family is unique and so is every family's story. What's your family's story?



Many parents know that reading to and with their children on a daily basis helps with their children's language skills, enriches their learning about the world, and raises a future reader. But what most parents don't know is that sharing family stories is equally beneficial. *"They provide not just a script for life, but a set of values and guideposts,"* says Dr. Robyn Fivush, a psychology professor and director of Emory University's Institute for Liberal Arts.

Dr. Fivush adds that intergenerational stories help children feel a part of a larger group. Our stories and those of their grandparents are their history, which can give them a sense of heritage and identity. [1]

[1] Sue Shellenbarger, "The Secret Benefits of Retelling Family Stories," Wall Street Journal, November 11, 2019, sec. Life, <https://www.wsj.com/articles/the-secret-benefits-of-retelling-family-stories-11573468201>.



Children love listening to stories. This activity provides fathers with a meaningful way of engaging with their children and the opportunity to tell true stories to inform and inspire their children. This activity will also strengthen intergenerational bonds and create a channel for the free-flow of time-honoured values and traditions.

# Activity



## STEP 1:

Refer to the “My Grandfather’s Story” worksheet attached.



## STEP 2:

Find and paste a picture relevant to the theme of each category on the worksheet.

For example: If grandpa’s favourite snack was peanuts, then find and paste either a photograph, a cut-out from a newspaper or magazine, or a downloaded image of peanuts.



## STEP 3:

Fathers can also tell a fond memory related to the picture (where possible, let grandpa tell the stories himself)



## STEP 4:

Share one experience/memory father has about the grandparent (something you did together or something you learned from that grandparent)



**Note:** You can repeat the exercise with another grandparent or family member as the subject

Name \_\_\_\_\_

Class \_\_\_\_\_



# MY GRANDFATHER'S STORY

Paste  
photo here

My Grandfather

Paste  
photo here

My Grandfather's favourite  
food / snack

Paste  
photo here

Where my Grandfather used  
to lived

Paste  
photo here

My Grandfather's favourite  
pastime

Paste  
photo here

What my Grandfather played  
as a kid

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