

# Centre for Fathering

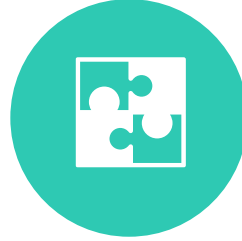




# *Agenda*



**Introduction  
to Centre for  
Fathering**



**DADs For Life  
Programmes**



**Start Small  
Dream Big  
Resource**



The image features a central dark grey, irregularly shaped text box with a thin white outline. Inside this box, the text "Who is Centre for Fathering?" is written in a white, sans-serif font. The background is white and decorated with various abstract elements: a cluster of orange diamonds in the top left; a large, light orange shape with a blue, curved appendage in the top right; a teal oval and an orange oval on the left side; a blue shape and a red oval at the bottom left; and a red oval at the bottom right. Thin black lines also curve across the bottom left and bottom right areas.

Who is Centre for  
Fathering?



A non-profit organization founded in 2000 to promote active and involved Fathering

### Vision and Mission

Turning the Hearts of Fathers and Children Towards Each Other



# **DADs** **forLife**

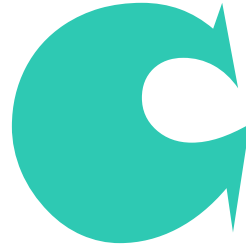
Launched in November 2009

To inspire and involve fathers to be good influencers in  
their children's lives.. For life.

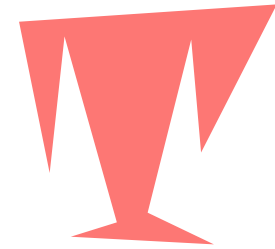
# *Mobilizing Fathers to A.C.T*



A – Be **Aware** of the importance of a husband's and father's role



C – **Commit** to be good fathers and role models to their children



T – Spend **Time**, acquire **Tools** and bring **Transformation** to lives



### *Celebrating Fathers*

Takes place in June each year, is a month-long series of activities to celebrate the role of fathers and raise awareness of the importance of active fatherhood



### *Back to School with Dad*

Encourage fathers to make a commitment to accompany their children to school at the start of the new school year



### 4 Nation-Wide Initiatives

### *Great Companies for Dads Awards*

Singapore's first award to recognize outstanding organizations with policies and practices that support fathers in the workplace



### *Eat with your Family Day*

Takes place four times a year on the last Friday of each school term. Encourage organizations to allow employees to leave work early at 5pm to enjoy a meal with their children and families



Having established our role in empowering fathers, CFF and DADs for Life partnered with a group of mother volunteers to launch a national ground-up movement – MUMs for Life in 2019.

MUMs for Life celebrates a mum's unique identity as a woman and her irreplaceable roles as a daughter, wife and mother.



## *Different Roles*

“ Father and Mothers play irreplaceable and complementary roles in parenting  
Each has their role to enable growth in their children ”





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## *Breakfast with Dads*



The father-child relationship is a significant factor in the emotional and cognitive development of a child. Breakfast is the most important meal of the day.

This workshop will have the father and child embark on a breakfast preparing session together. They will then have the breakfast that they have prepared. This is an experience that is fun and impactful for both father and child.



**"TO BE IN YOUR CHILDREN'S  
MEMORIES TOMORROW, YOU HAVE  
TO BE IN THEIR LIVES TODAY"**

*BARBARA JOHNSON*





# Thank You!

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