



A Start Small, Dream Big 2023 Project By Families for Life

Family and Me Preschool Resources

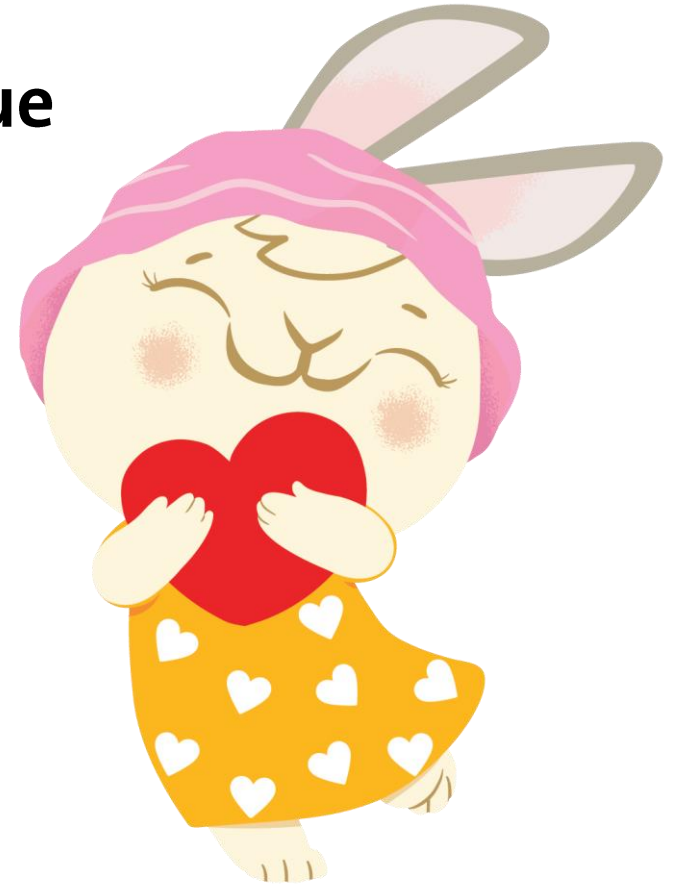
Designed specially to be used in K1 and K2 lessons



+ FAMILY VALUES +
LOVE • CARE & CONCERN • COMMITMENT • RESPECT

About Families for Life (FFL)

1. Inculcating a “Families for Life” mindset and value among Singaporeans
2. Building strong and resilient families to strengthen communities and better individual well-being
3. Rallying like-minded individuals, families and organisations to strengthen family bonds
4. Led by a people-sector Council comprising volunteers from people and private sectors



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Objectives and Key Messages

Objectives:

1. To build an appreciation for family in children from a young age
2. To teach children what being part of a family means and looks like
3. Teach children the family values of **love**, **care and concern**, **commitment** and **respect**, with communication as an enabler



Hop on! Join me and learn more about showing love, care and concern, commitment and respect to our families!

Key Messages:

1. I love my family and show it through my actions
2. I show care and concern to my family when they need help
3. Each member of the family is important and has a part to play
4. I show respect to my family members, both young and old

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Why Family?

1. We are all born into a family; they are the first relationships we learn and build
2. Just because we have a family, doesn't mean we know what it means to be part of one – these skills and values must be modelled and taught!



Meet Becky Bunny!

Bursting with life, Becky Bunny is spunky and always ready for adventure and fun. Often found moving from one activity to the next, she is excited by all that life has to offer. Becky Bunny is frequently heard singing the FFL Family Songs. She also loves to eat all kinds of kueh.

Most of all, Becky Bunny always puts her family first!

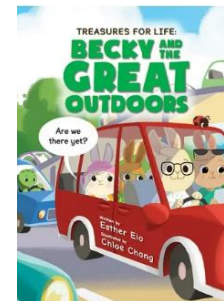
Join Becky Bunny as she discovers what it means to show Love, Care and Concern, Commitment and Respect to her family.



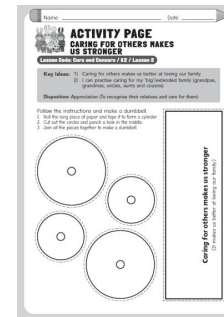
About 'Family and Me' resources

1. Four family-themed packages, each focusing on one family value
2. Targeted at K1-K2 and aligned to revised NEL framework
3. Integrated teaching of family values embedded in learning of other important skills (e.g. literacy, creativity, etc.)
4. Resources are developed by experienced early childhood educators and curriculum developers, with inputs from ECDA, MOE Preschool Education Branch and advisors from NIE and NIEC

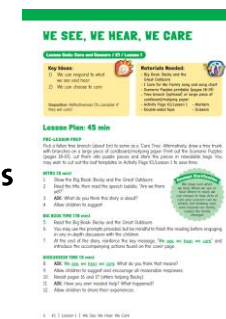
Each package contains:



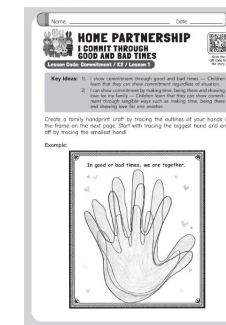
1 Big Book
Inclusive of 2 mini-readers



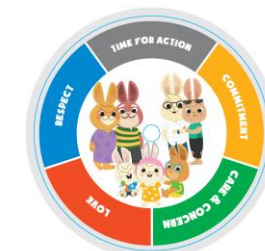
In-Class Activities
2 activities for each level



3 Lesson Plans
for each level



Take-Home Activities
2 activities for each level

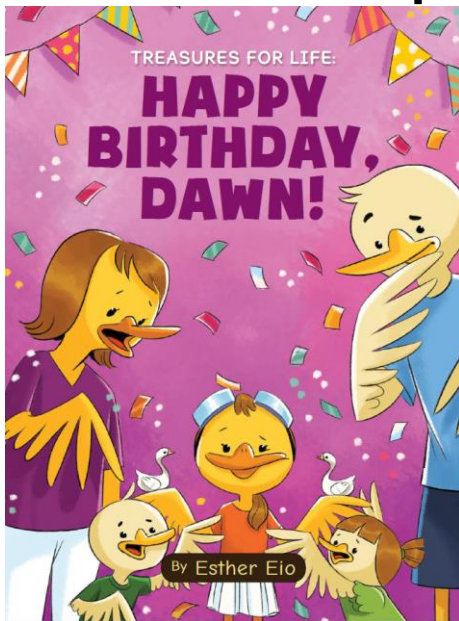


Teaching Manipulatives
e.g. memory card game, treasure hunt game, hand puppet, etc unique to each package

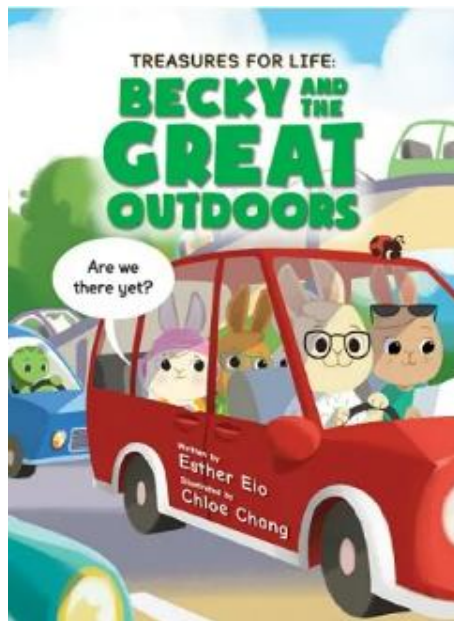
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Big Books focus on one of the four family values

- Stories center on the application of family values in the context of the family
- Prompts included for teachers to draw in children's personal experiences
- Mini-readers provided for children's independent in-class reading



LOVE



CARE & CONCERN



COMMITMENT



RESPECT

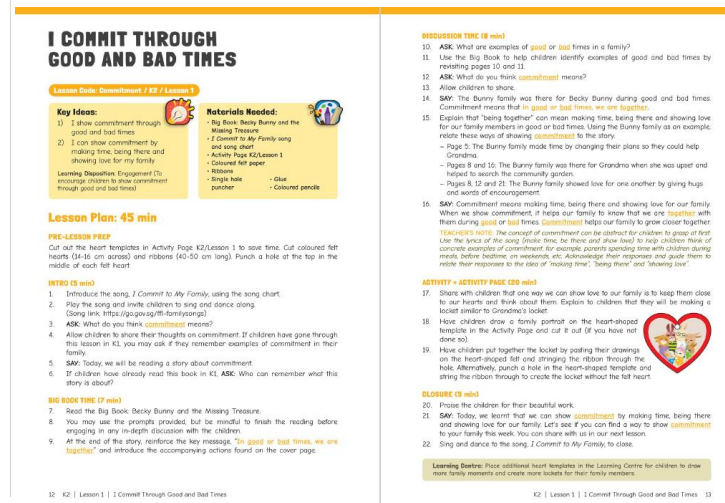
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Teacher's Guide containing lesson plans



- Written in a step-by-step manner to support teachers (even the less experienced ones!) in conducting lessons
- Includes key objectives for the lessons, learning dispositions and materials required for the lessons
- Teachers can adapt the lesson plans according to their own teaching styles and students' learning needs



Let's learn about family values together! We'll have so much fun!

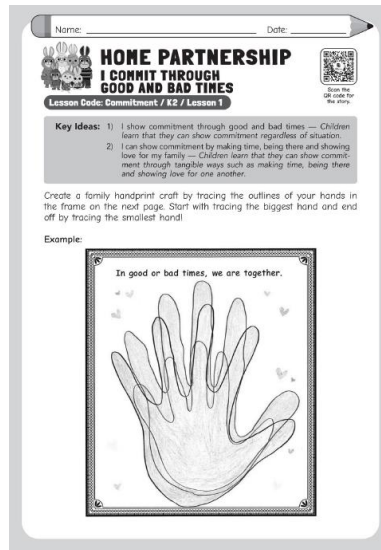
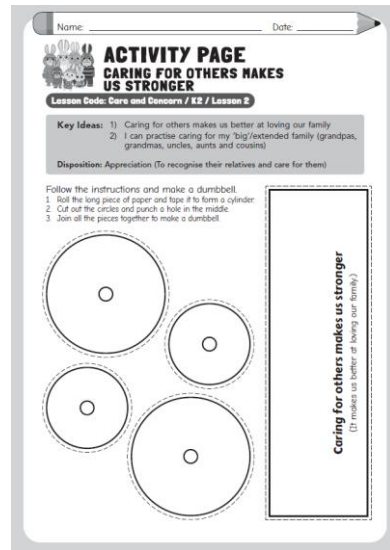
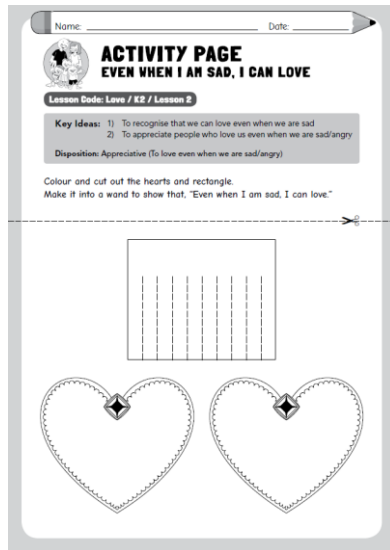


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Activity Pages with in-class and take-home activities



- In-class activities are designed to help children consolidate learning of the family values
- Take-home activities are intended for fostering conversations and bonding between parents and children



Encourage parents to complete the activities together with their child!



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Supplementary Resources

Families for Life Family Songs

Additional Activity Pages



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SSDB Project Idea (I)

As part of FFL's efforts to support preschools in family education, FFL released a series of 'Family and Me' preschool resources. These resources have been delivered to preschools that have expressed interest in receiving them.

Deliver lessons from any of the packages, and submit photos of children's in-class and take-home activities (with their family, where possible).

Package 1: Love

Package 2: Respect

Package 3: Care & Concern

Package 4: Commitment

Learning will go even beyond the SSDB period, and FFL encourages you to utilise these resources for future years in your centre's curriculum too!

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For K1 & K2!



If your centre is interested in receiving the resources, please email Chelsia_CHUA@msf.gov.sg and let us know:

1. Centre names and addresses
2. Number of packages for each centre



SSDB Project Idea (2)

For NI upwards!

FAMILIES
for
LIFE

Started in 2018, Celebrating Our Grands (COG) is an annual celebration to encourage children to show love, care and concern, commitment and respect to elderly family members and build strong bonds with them, and instill family values from young. This year's COG will anchor on 7 Oct, one day after Children's Day.

Through the COG campaign, we:

1. Earmark the occasion as a special time to show appreciation for Grands
2. Encourage inter-generational bonding and forge closer family ties
3. Engage schools to involve children in a gift-making activity to gift the Grands

FFL will be distributing craft kits for preschoolers in August so that they can complete and present the craft to their Grands before 7 Oct. Preschools are also welcome to organise intergenerational bonding events and invite Grands to participate! [Take photos of the crafts and any events and send them to us.](#)



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