



Inspiring MINDS, Transforming Lives



SSDB 2023 Connect Session
Tuesday, 28 Feb 2023



"No one can do everything but everyone can do something"

A President's Challenge initiative by ECDA that inculcates values in our children and encourages them to give back to the society

Intellectual Disability (ID)

A disability characterised by significant limitations in:

Intellectual functioning

[reasoning, learning, problem solving]

Adaptive behaviour

[covers a range of everyday social and practical skills]

Deficits occur early in the developmental period

[before the age of 18]



Facts & Myths about Intellectual Disability (ID)



Myths

- Mental illness / Curable illness
- Contagious
- Violent

Facts

- 1 - 3% global population have ID
- Have an IQ ≤ 75 and deficits in adaptive functioning
- Have the propensity to learn

Serving persons with intellectual disability since **1962**

Enhancing their Quality of Life

- Person-Centred, Family Oriented, Lifespan Approach
- Executed through a Multi-Service Operating Model
- Grounded in the belief that all PWIDs have innate abilities and talents





OUR VISION

To be a world-class voluntary welfare organisation that advances the development, well-being and aspirations of persons with intellectual disabilities and their integration into society.



> 25

schools, centres,
residential &
services located
islandwide

Serving close to

5,000

clients and their
families per year



Supported by over

4,000

Volunteers and
partners.

Key Development Areas



Expanding
Community-
based Services



Strengthening
Education



Engendering
Inclusive
Community
Living

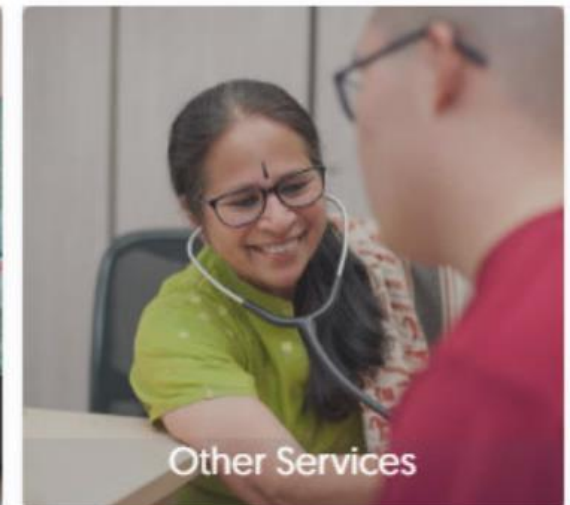
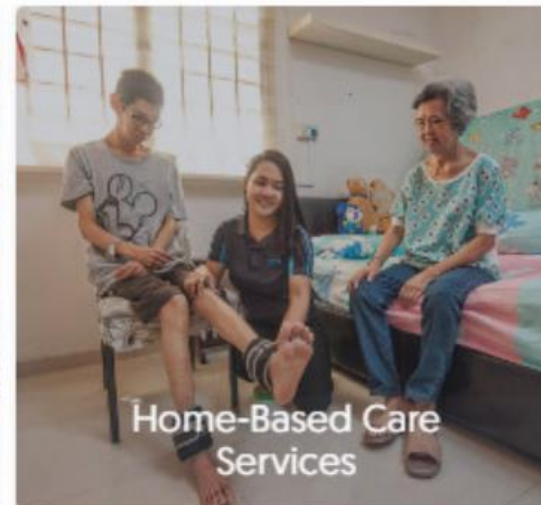


Improving
PWID
Employability

Purpose Driven, Mission Focused

Supporting our Clients throughout their Lifespan

From 7 years and above



Potential Collaborations

Making the Change, Together

minds

Areas of Collaboration

Education, Appreciation & Advocacy

- Collaborate with students to develop awareness campaigns:
 - Raise awareness of what intellectual disability is and how we can create inclusive communities
 - Express appreciation for frontliners – training officers, allied health professionals etc



Areas of Collaboration

Support MINDS Social Enterprises

- Unlocking talents of our clients and equip them with skills for employment
- Potential collaboration:
 - Support MINDS Bakers and MINDS Craft
 - Donation in kind for MINDS Shops



Areas of Collaboration

Colour Socks Parade

From 1 April – 30 June 2023, we're aiming to collectively clock 60,000 hours of physical activity and raise a total of \$250,000.

100% of the proceeds will go to uplift persons with intellectual disabilities and their caregivers.

How does it work?

- Register and start clocking hours on STRAVA (reg fees apply)
- Clock hours in single or multiple accumulative activities



Be a part of our Movement

VOLUNTEER

**FUNDRAISE /
DONATE**

ADVOCATE

minds@minds.org.sg
www.minds.org.sg



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Thank You

