



Food Security - The Singapore Food Story



**SFA's mission is to ensure and secure
a supply of safe food
for everyone in Singapore!**

Guess what these food are?



**Leafy
Vegetable**



Fish



Egg

Where does our food come from?

1. Other Countries

(Buy and get from other countries)



???



2. Singapore

(grown in SG farms)



What is Food Security?



Food Supply

- ✓ There is food to eat
- ✓ Enough food to buy



Food Safety

- ✓ The food is safe to eat
- ✓ The food is nutritious

Unsafe food will
cause you to be sick!



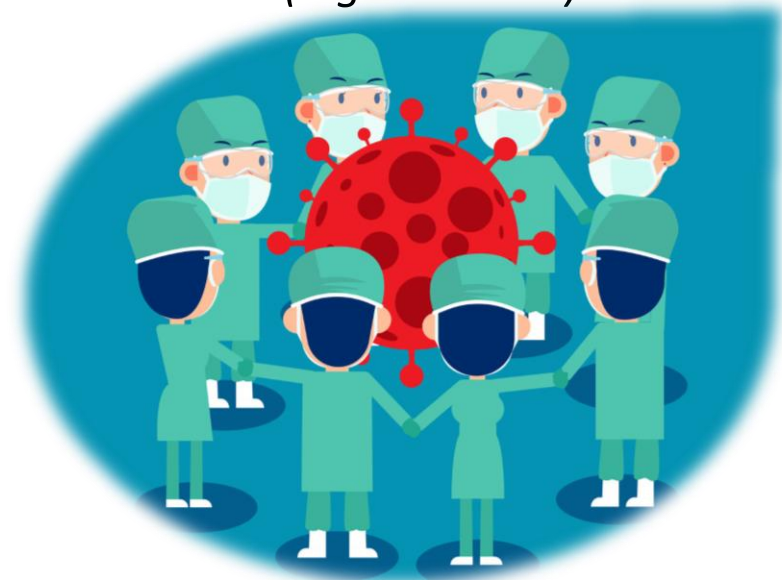
Do we always have safe food to buy and eat?



Climate Change
(e.g. no rain, hot weather)



Disease Outbreak
(e.g. Covid-19)



Singapore is a small country with little land for farming



The Little Red Dot known as Singapore

**~5.6 million
people**

Singapore, with a land area of only 718 km², is one of the smallest countries in the world. As a result, Singapore is often depicted on world maps as just a **little red dot**.

**Little land
for farming**

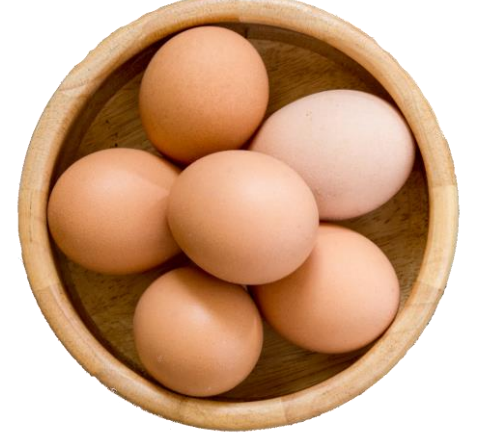
What do we grow in Singapore?



Lettuce



Fish



Egg



Beansprouts



Tomato



Wheatgrass



Mushroom

But... Do we have farms in Singapore?

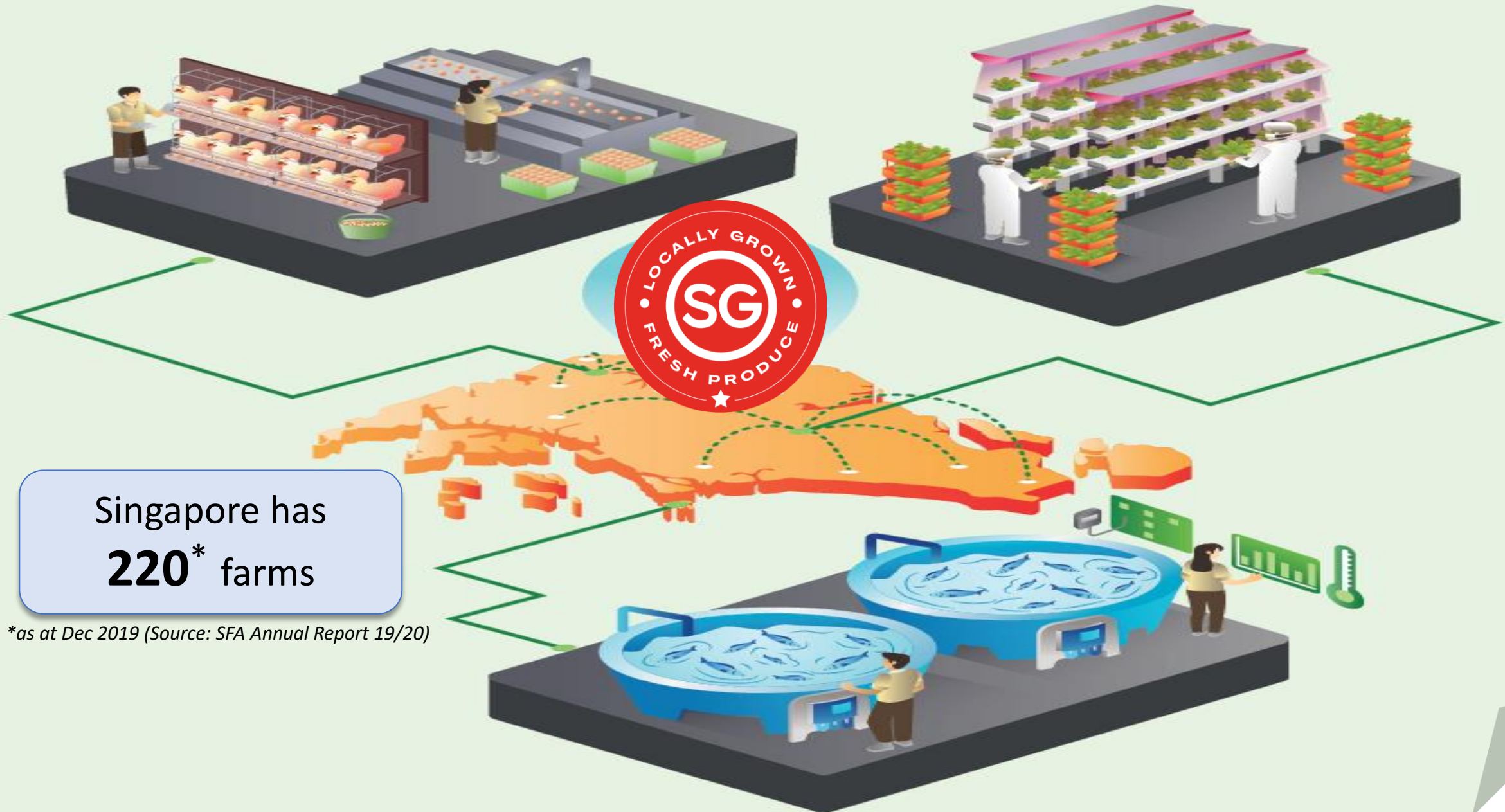


We can grow them locally!

But... do we still have farms today?



Our '30 by 30' goal



You can play a part too!

1. Choose to buy Singapore-farmed produce!



Fresh

Takes a shorter time to travel from the farm to the supermarket



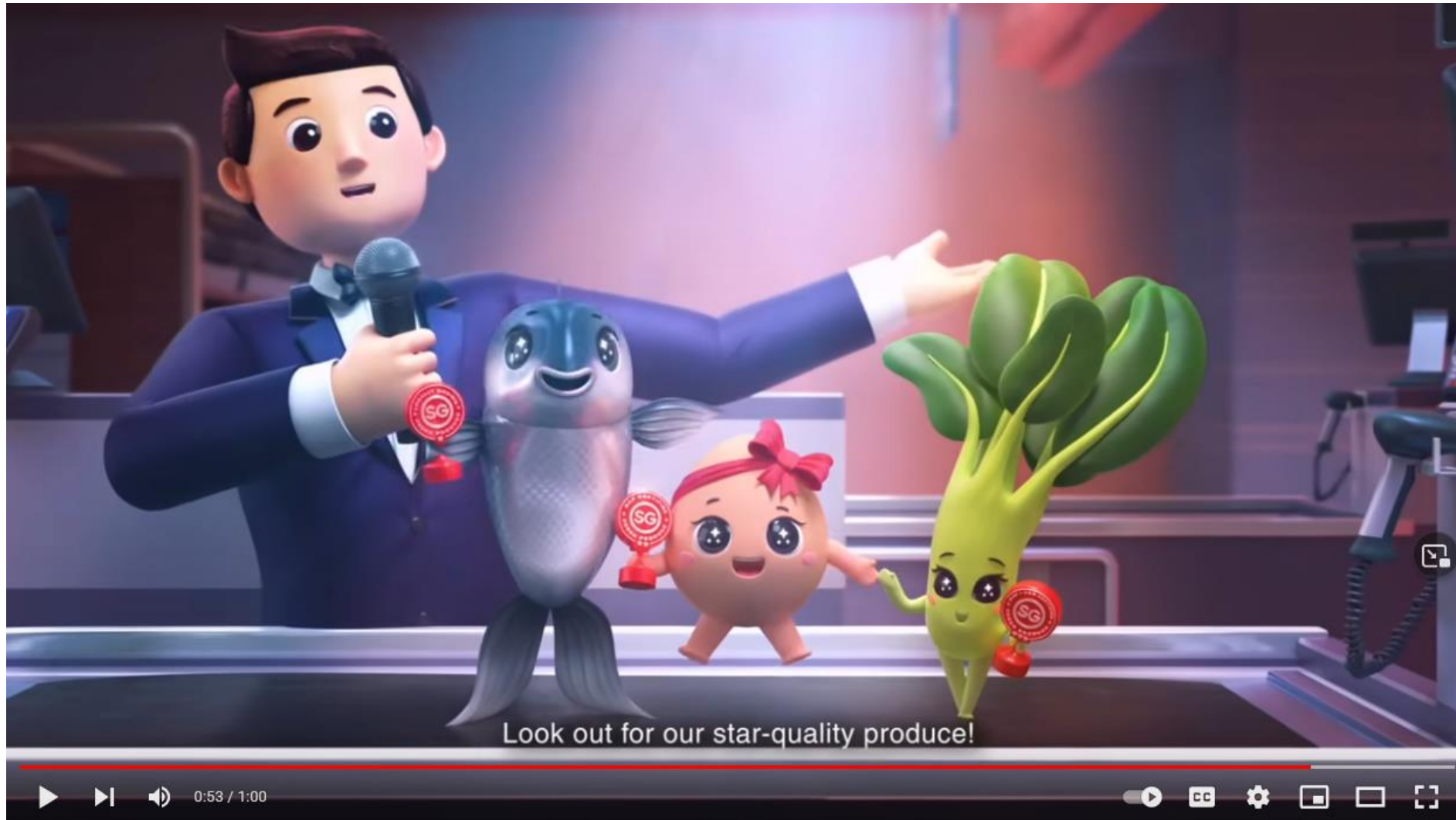
Safe

We know where the food are farmed in Singapore

***Look out for the
Singapore Fresh Produce
(SGFP) logo
when grocery shopping!***



Video Time !



You can play a part too!

3. Adopt good food safety practices

Food Safety is a joint responsibility and consumers have a role to play.

Follow these 5 key tips to help ensure your food is safe

1. Select Your Food Carefully



2. Wash and Keep Clean



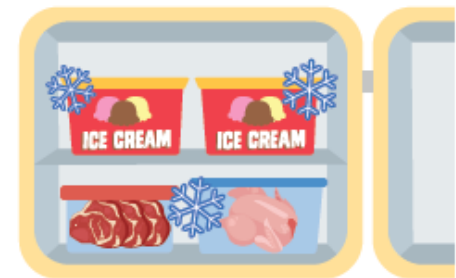
3. Separate Raw and Cooked Food



4. Cook Your Food Well



5. Keep Food at Safe Temperatures



**Strengthening Singapore's Food Security is Important.
You can play a part too!**

