## START SMALL DREAM BIG









## About Costage

KidSTART Singapore Ltd (KidSTART SG) is a nonprofit organisation specialising in child development.

We support pregnant mothers and empower low-income families with parenting techniques for positive child development outcomes for their children under 6 years old.

Our vision is for children to have a good start in life.



### A child's early years are the most important



90% of a child's brain is formed by 5 years old.



A child's brain grows the most and fastest in the 1st 1000 days of life.



More than 1 million new neural connections are formed per second in the first few years of life



Birth to 3 Months



3 Months to 6 Months



12 Months



12 Months to 18 Months

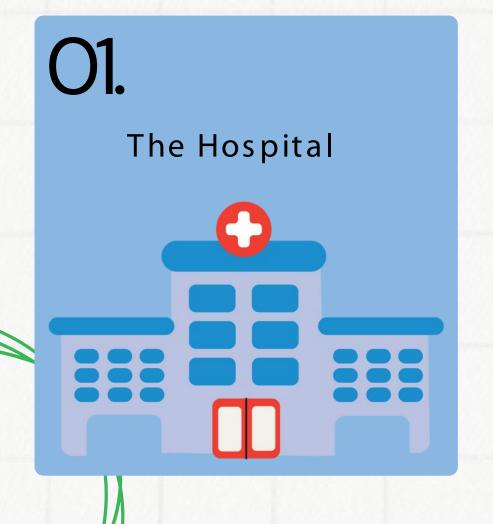


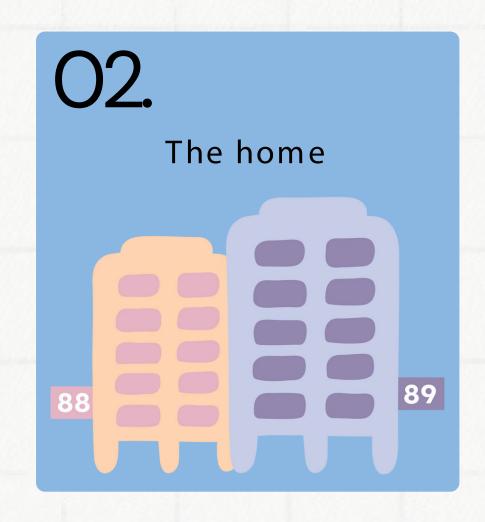
3 Years

3 Years to 6 Years

# How **COSTART** journeys with families







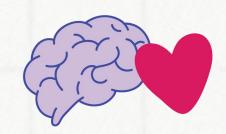




# How KIOSTART ( journeys with families



Regular home visits and engagements where we deliver evidence-based curricula



Check-ins on parents' well-being



Provision of educational learning resources to reinforce good parenting skills and knowledge at home



Social opportunities for parents to connect with one another



Link-ups with financial and social resources when needed



#### Criteria 1

Pregnant mothers and families with Singapore citizen children up to 6 years old

## Who can join?

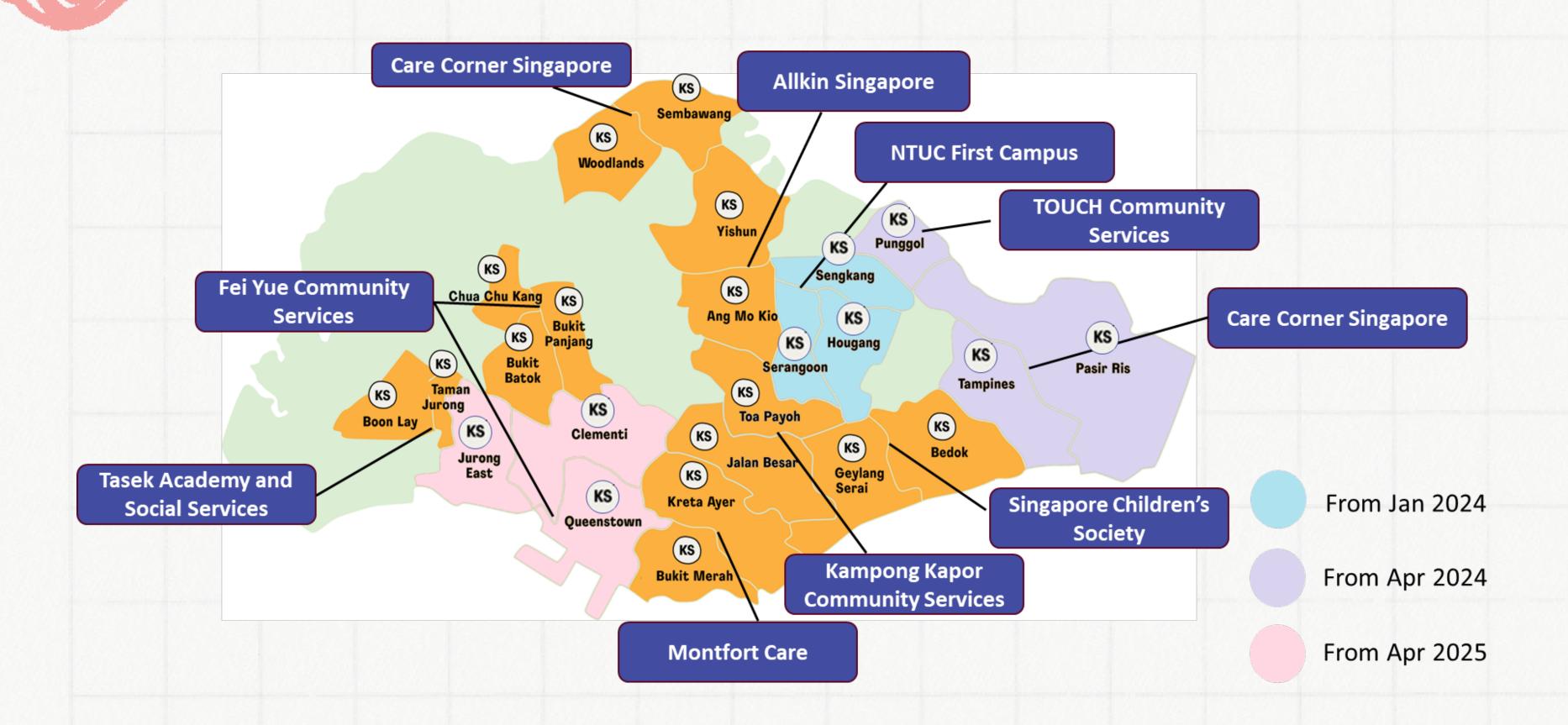
#### Criteria 2

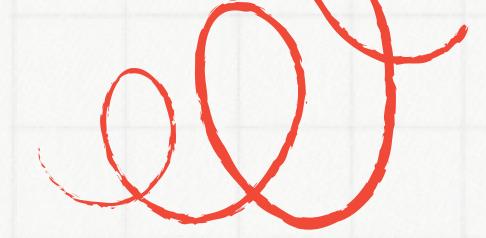
Gross monthly
household income of
\$2,500 and below or
per capita income of
\$650 and below





#### Where are we?





## GOOD RESULTS



#### Child Health

 Child having up-to-date immunizations



### Child development

- Preschool enrolment and improved attendance
- More children meeting their developmental milestones
- Children being more expressive and interacting better



## Parental outcomes & family functioning

- Parents reported feeling better supported and more confident in their parenting skills
- Improvement in a number of mothers with depression within 6 months



Growing Together with KidSTART partners (sponsors, donors & volunteers)



Training institutes



Government agencies

## Ecosystem of support

KidSTART Singapore works with different partners to deliver services and provide holistic support for our families.

Hospitals, Medical specialists





Social service agencies

# TOGETHER FOR A GOOD START

Celebrate every child's unique strengths and backgrounds

Plant the seeds of caring for others and collaboration by working together and helping each other

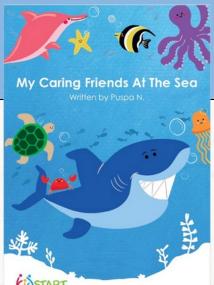
Discover that by coming together, each child can contribute their unique strengths to help others and achieve a good start for others





#### SEE

- KidSTART Stories: My Caring Friends At The Sea;
   A2-sized book to read through with students
- Moral of the book: each friend brings a unique strength and gift, that when put together, achieve the outcome of saving a friend.



#### **CREATE**

- Sea Creature Superfriend! Accompanying DIY headgear craft kit for children as they read through My Caring Friends At The Sea
- Puzzle Pals! Schools and KidSTART families will
  design pieces of a giant jigsaw puzzle using any
  upcycled materials within the assigned colour.
  KidSTART will piece together the full jigsaw piece
  to show a completed picture of all the caring
  friends at sea.



- Using an accompanying activity sheet, have students share what they think are their strengths (E.g. friendly, good listener)
  - When and where can I use my strengths?
- What do I think about helping others?



- Take lots of pictures of stories being read, behind the scenes crafting of headgears, and final pieces
- Share photos of the children designing their puzzle pieces
- Share reflections from the children in their Think/Wonder module





# How else can you support KidSTART families have a good start?

Regular contributions can help ensure that no child gets left out. KidSTART Singapore will pool donations centrally for disbursement. KidSTART Singapore also works with our Growing Together with KidSTART partners to curate initiatives based on the needs of the families.



- Food & Nutrition
- Medical & Dental Expenses
- Children's Diapers

#### Learning & Development Resources

- KidSTART Stories package (books & bookshelf)
- Learning Guides
- Welcome/Learning packs
- IT Tools
- Learning Journeys/Events

#### Financial Assistance

- Package of Assistance (For urgent and immediate child development needs on a case-by-case basis)
- Financial Literacy (e.g. savings programme for children's education)

## Ready to work together for a good start?

Write to KidSTART Singapore (contactus@kidstart.sg) toregister your interest!





@ kidstartsingapore www.kidSTART.sg

contactus@ kidstart.sg